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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

June 16, 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Mood Soother supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WorldWide Sports:

Ingredients: St. John's Wort Extract, Lemon Balm, Valerian Root, Passion Flower Extract, Hops Extract

- Helps you Relax Naturally
- Clinically Studied Ingredients to Promote a General Feeling of Well-Being
- Promotes a Calm and Relaxed Mental State
- Finally, with Mood Soother there is a natural way to deal with life's everyday challenges.
- Mood Soother uses clinically researched ingredients to help combat occasional anxiety and everyday stress.
- Recent studies have shown the benefits of St. John's Wort for overall mental well-being.
- Mood Soother contains a standardized extract of St. John's Wort to help ensure you receive all of the naturally-derived benefits.
- Mood Soother takes mood supplements to the next level with the addition of the clinically-studied ingredient Lemon Balm, and also through the proprietary Mood Soothing Blend, which contains extracts of Valerian, Passion Flower and Hops.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

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